



Dr. Bina Joseph

**Patient (Parent) Questionnaire**

**Patient's Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Referred By:** \_\_\_\_\_ **Primary Care Physician:** \_\_\_\_\_

**Describe each problem that has led you to seek this allergy evaluation:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

**Drug Allergies:** Please list all drug allergies and describe your reaction to each one of them: hives/rashes/stomach problems/life threatening events that required ER visit or hospitalization.

Name of Drug	Type of Reaction

**Current Medications:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Insect Allergy:** Please list the reaction and describe your reaction to each one of them: hives/rashes/stomach problems/life threatening events that required ER visit or hospitalization.

Name of Stinging Insect	Type of Reaction

## Food Reactions/Intolerances

Do you have any problems with any foods? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, what foods cause your problems?

What kind of problems do you experience? List all that apply: Hives/Rashes/Stomach upset/Nausea/Vomiting/Bloating/Diarrhea/Life threatening event that required ER visit or hospitalization:

Name of Food	Type of Reaction to Food

Were you/your child ever prescribed an Epi-pen? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you on any special diet? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes what kind of diet? \_\_\_\_\_

## Medical History

### Medical Diagnosis

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### Hospitalizations

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

## IF YOU HAVE HAD ANY ALLERGY TESTS OR LABS DONE PLEASE BRING RESULTS WITH YOU TO YOUR APPOINTMENT.

Recent Labs? \_\_\_\_\_ Yes \_\_\_\_\_ No

- If yes what labs were done? When and where were they done? \_\_\_\_\_

Recent X-rays? Chest or CT of Sinus or Chest \_\_\_\_\_ Yes \_\_\_\_\_ No

- If yes what was done? When and where were they done? \_\_\_\_\_

Ever been allergy skin tested/allergy blood tested?

- If yes when and where were they done? \_\_\_\_\_
- History of allergy shots/allergy drops? \_\_\_\_\_ Yes \_\_\_\_\_ No
  - If so how long ago were they completed? \_\_\_\_\_

Have you ever had a Pneumococcal vaccine? Yes \_\_\_\_\_ No \_\_\_\_\_

When was your last Flu shot? \_\_\_\_\_

Have you ever had an immune workup done? Yes \_\_\_\_\_ No \_\_\_\_\_

## Factors affecting you or your child's symptoms:

When are your symptoms worse?

\_\_\_\_\_ Spring \_\_\_\_\_ Summer \_\_\_\_\_ Fall \_\_\_\_\_ Winter

**Indicate the things below that make your symptoms worse.**

Exercise	Burning of Sugar Cane	Strong Odors	Smoke
Dust	Change in Humidity	Morning	Pet Dander
Mold/Mildew	Change in Temperature	Afternoon	Feathers
Pollen	Alcohol	Evening	Colds/Respiratory Infections
Hay	Outside	Medications	Fatigue
Perfume/Cologne	Inside	Grass	Stress

**Environmental History:**

What kind of house do you live in?

\_\_\_\_\_ House

\_\_\_\_\_ Apartment

\_\_\_\_\_ Mobile Home

Do you have carpeting? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have any pets?

\_\_\_\_\_ Cats

\_\_\_\_\_ Dogs

\_\_\_\_\_ Horses

\_\_\_\_\_ Other: List \_\_\_\_\_

What is the approximate age of your home? \_\_\_\_\_

Is your mattress encased in a dust proof covering? Yes \_\_\_\_\_ No \_\_\_\_\_

Is your pillow encased in a dust proof covering? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have a moisture problem in your home? Yes \_\_\_\_\_ No \_\_\_\_\_

What kind of air conditioning do you have?

\_\_\_\_\_ Central Air

\_\_\_\_\_ Window Units

Is there anything unusual or remarkable about your home?

**Tobacco Smoke Exposure:**

Are there smokers in the home? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you smoke? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes: Cigarette \_\_\_\_\_ Pipe \_\_\_\_\_

Chew \_\_\_\_\_ Marijuana \_\_\_\_\_

If yes, how much do you smoke in a day? \_\_\_\_\_

How long have you smoked? \_\_\_\_\_

**CHECK OFF ALL THAT APPLY:**

Family History	Allergies	Food Allergies	Hives or Swelling of Skin	Asthma	Immune Deficiency
<b>Mother</b>					
<b>Father</b>					
<b>Brothers</b>					
<b>Sisters</b>					

**Social History:**

Where do you work or go to school? \_\_\_\_\_

What is your work environment? \_\_\_\_\_

Do you live near pollutants or industry? Yes \_\_\_\_\_ No \_\_\_\_\_

**Symptom History: Check any of the following symptoms that you had or have now:**

**NOSE/THROAT/HEAD**

\_\_\_\_\_ Frequent colds

\_\_\_\_\_ Frequent congestion

\_\_\_\_\_ Postnasal drainage

\_\_\_\_\_ Runny nose

\_\_\_\_\_ Frequent sneezing

\_\_\_\_\_ Frequent rubbing/itching of nose or throat

\_\_\_\_\_ Nosebleeds

\_\_\_\_\_ Sinus infections

\_\_\_\_\_ Number of antibiotics prescribed in the last year: \_\_\_\_\_

\_\_\_\_\_ Number of steroids prescribed in the last year: \_\_\_\_\_

\_\_\_\_\_ Headaches

\_\_\_\_\_ Nausea and Vomiting with Headaches

\_\_\_\_\_ Frequency

\_\_\_\_\_ Triggers \_\_\_\_\_

\_\_\_\_\_ Sensitivity to light

\_\_\_\_\_ Nasal polyps

\_\_\_\_\_ Snoring

\_\_\_\_\_ Mouth breathing

\_\_\_\_\_ Bad breath

\_\_\_\_\_ Hoarseness

\_\_\_\_\_ Frequent Tonsillitis

\_\_\_\_\_ Enlargement of the Tonsils

**EYES**

\_\_\_\_\_ Redness

\_\_\_\_\_ Itching or rubbing of eyes

\_\_\_\_\_ Watering

\_\_\_\_\_ Swelling

\_\_\_\_\_ Dark circles

\_\_\_\_\_ Dry eyes

**EARS**

\_\_\_\_\_ Frequent infections \_\_\_\_\_ Number of infections in past year \_\_\_\_\_

\_\_\_\_\_ Fluid

\_\_\_\_\_ Popping of ears

\_\_\_\_\_ Itching of ears

\_\_\_\_\_ Ear tubes \_\_\_\_\_ How many sets of tubes and when were they placed? \_\_\_\_\_

\_\_\_\_\_ Hearing loss

\_\_\_\_\_ Speech problems

\_\_\_\_\_ Dizziness(Vertigo)

## NECK

\_\_\_\_\_ Thyroid enlargement

## CHEST

\_\_\_\_\_ Frequent cough

\_\_\_\_\_ AM \_\_\_\_\_ PM \_\_\_\_\_ All Day

\_\_\_\_\_ Shortness of breath

\_\_\_\_\_ Wheezing

\_\_\_\_\_ Exercise intolerance

\_\_\_\_\_ Productive Mucous or Sputum

\_\_\_\_\_ Pneumonia

\_\_\_\_\_ How many times diagnosed with this? \_\_\_\_\_

\_\_\_\_\_ Bronchitis

\_\_\_\_\_ Frequent croup \_

\_\_\_\_\_ Symptoms cause waking from sleep

\_\_\_\_\_ How often? \_\_\_\_\_

\_\_\_\_\_ History of asthma

## GASTROINTESTINAL

\_\_\_\_\_ Frequent vomiting

\_\_\_\_\_ Frequent Diarrhea

\_\_\_\_\_ Abdominal Pain

\_\_\_\_\_ Heart burn

\_\_\_\_\_ Stomach Ulcers

\_\_\_\_\_ History of reflux

\_\_\_\_\_ Excessive belching

## SKIN

\_\_\_\_\_ Eczema \_

\_\_\_\_\_ Hives (welts)

\_\_\_\_\_ Itching of skin

## CARDIAC

\_\_\_\_\_ High Blood Pressure

\_\_\_\_\_ Name of Blood Pressure Medication \_\_\_\_\_

\_\_\_\_\_ Any other cardiac problem? \_\_\_\_\_

**URTICARIA/HIVES**

**Skip this section if this does not pertain to you.**

- How long have you had hives? \_\_\_\_\_
- Is this the first time you have ever had hives? Yes \_\_\_\_\_ No \_\_\_\_\_
  - If No indicate the last time you had hives: \_\_\_\_\_
- How often do you break out in hives? \_\_\_\_\_
- Do they ever go away? Yes \_\_\_\_\_ No \_\_\_\_\_
- Where do you break out in hives? Arms/Legs/Abdomen/Feet/Hands/Face/All over
- How long do the hives last? < 12 hours, < 24 hours, or several days?
- Do you know anything that triggers the hives? Yes \_\_\_\_\_ No \_\_\_\_\_
  - If yes indicate what triggers the hives: \_\_\_\_\_
- Do the hives itch? Yes \_\_\_\_\_ No \_\_\_\_\_
- Are the hives painful? Yes \_\_\_\_\_ No \_\_\_\_\_
- Do the hives leave bruises? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have you had any associated swelling of lips, tongue, hands, feet, nausea, vomiting or stomach pain along with the hives? If yes circle all that apply.
- What medications have you tried for the hives and do they help?

**Name of Medication**

**Helpful or Not Helpful**

<b><u>Name of Medication</u></b>	<b><u>Helpful or Not Helpful</u></b>

- Have you ever gone to the emergency room for treatment? Yes \_\_\_\_\_ No \_\_\_\_\_
  - If yes how many times? \_\_\_\_\_
  - When was your last ER visit? \_\_\_\_\_
- Do you have any of these symptoms below? (check all that apply)
  - Cold intolerance
  - Constipation
  - Weight gain
  - Weight loss
  - Fatigue? If so how long? \_\_\_\_\_
  - Joint/Muscle pain
  - Hair loss
  - Mouth ulcers
- Is there a family history of Lupus/Rheumatoid Arthritis/Sjorgren's
- Has any recent lab work been done since you have begun with the hives?  
Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes when and where were they done? \_\_\_\_\_