



Dr. Bernard Fruge, Jr.

Patient (Parent) Questionnaire

Patient's Name: _____ **DOB:** _____ **Date:** _____

Referred By: _____ **Primary Care Physician:** _____

Describe each problem that has led you to seek this allergy evaluation:

1. _____
2. _____
3. _____
4. _____

Symptom History: Check any of the following symptoms that you had or have now:

NOSE/THROAT/HEAD

- _____ Frequent colds
- _____ Frequent congestion
- _____ Postnasal drainage
- _____ Runny nose
- _____ Frequent sneezing
- _____ Frequent rubbing/itching of nose or throat
- _____ Frequent sore throats
- _____ Nosebleeds
- _____ Sinus infections
 - _____ Number of antibiotics prescribed in the last year: _____
 - _____ Number of steroids prescribed in the last year: _____
- _____ Headaches
 - _____ Nausea and Vomiting with Headaches
 - _____ Frequency
 - _____ Triggers _____
 - _____ Sensitivity to light
- _____ Nasal polyps
- _____ Snoring
- _____ Mouth breathing
- _____ Bad breath
- _____ Hoarseness
- _____ Frequent Tonsillitis
- _____ Enlargement of the Tonsils

EYES

- _____ Redness
- _____ Itching or rubbing of eyes
- _____ Watering
- _____ Swelling
- _____ Dark circles
- _____ Dry eyes

EARS

- _____ Frequent infections
- _____ Number of infections in past year _____
- _____ Fluid
- _____ Popping of ears
- _____ Itching of ears
- _____ Ear tubes
- _____ How many sets of tubes and when were they placed? _____
- _____ Hearing loss
- _____ Speech problems
- _____ Dizziness(Vertigo)

NECK/THROAT

- _____ Thyroid enlargement

CHEST

- _____ Frequent cough
- _____ AM _____ PM _____ All Day
- _____ Shortness of breath
- _____ Wheezing
- _____ Exercise intolerance
- _____ Productive Mucous or Sputum
- _____ Pneumonia
- _____ How many times diagnosed with this? _____
- _____ Bronchitis
- _____ Frequent croup _
- _____ Symptoms cause wakening from sleep
- _____ How often? _____
- _____ History of asthma

GASTROINTESTINAL

- _____ Frequent vomiting
- _____ Frequent Diarrhea
- _____ Abdominal Pain
- _____ Heart burn
- _____ Stomach Ulcers
- _____ History of reflux
- _____ Excessive belching

SKIN

- _____ Eczema _
- _____ Hives (welts)
- _____ Itching of skin

CARDIAC

_____ High Blood Pressure

_____ Name of Blood Pressure Medication _____

_____ Any other cardiac problem? _____

Current Medications:

Indicate the things below that make your symptoms worse.

Exercise	Burning of Sugar Cane	Strong Odors	Smoke
Dust	Change in Humidity	Morning	Pet Dander
Mold/Mildew	Change in Temperature	Afternoon	Feathers
Pollen	Alcohol	Evening	Colds/Respiratory Infections
Hay	Outside	Medications	Fatigue
Perfume/Cologne	Inside	Grass	Stress

Environmental History:

What kind of house do you live in?

_____ House

_____ Apartment

_____ Mobile Home

Do you have carpeting? Yes _____ No _____

Do you have any pets?

_____ Cats

_____ Dogs

_____ Horses

_____ Other: List _____

What is the approximate age of your home? _____

Is your mattress encased in a dust proof covering? Yes _____ No _____

Is your pillow encased in a dust proof covering? Yes _____ No _____

Do you have a moisture problem in your home? Yes _____ No _____

What kind of air conditioning do you have?

_____ Central Air

_____ Window Units

Is there anything unusual or remarkable about your home?

Tobacco Smoke Exposure:

Are there smokers in the home? Yes _____ No _____

Do you smoke? Yes _____ No _____

If yes: Cigarette _____ Pipe _____

Chew _____ Marijuana _____

If yes, how much do you smoke in a day? _____

How long have you smoked? _____

Food Reactions/Intolerances

Do you have any problems with any foods? Yes _____ No _____

If so, what foods cause your problems?

What kind of problems do you experience? List all that apply: Hives/Rashes/Stomach upset/Nausea/Vomiting/Bloating/Diarrhea/Life threatening event that required ER visit or hospitalization:

Name of Food	Type of Reaction to Food

Were you/your child ever prescribed an Epi-pen? Yes _____ No _____

Are you on any special diet? Yes _____ No _____

If yes what kind of diet? _____

Drug Allergies: Please list all drug allergies and describe your reaction to each one of them:
hives/rashes/stomach problems/life threatening events that required ER visit or hospitalization.

Name of Drug	Type of Reaction

Insect Allergy: Please list the reaction and describe your reaction to each one of them:
hives/rashes/stomach problems/life threatening events that required ER visit or hospitalization.

Name of Stinging Insect	Type of Reaction

Medical History

Medical Diagnosis

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Hospitalizations

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

IF YOU HAVE HAD ANY ALLERGY TESTS OR LABS DONE PLEASE BRING RESULTS WITH YOU TO YOUR APPOINTMENT.

Recent Labs? ____ Yes ____ No

- If yes what labs were done? When and where were they done? _____

Recent X-rays? Chest or CT of Sinus or Chest ____ Yes ____ No

- If yes what was done? When and where were they done? _____

Ever been allergy skin tested/allergy blood tested?

- If yes when and where were they done? _____
- History of allergy shots/allergy drops? ____ Yes ____ No
 - If so how long ago were they completed? _____

Have you ever had a Pneumococcal vaccine? Yes ____ No ____

When was your last Flu shot? _____

Have you ever had an immune workup done? Yes ____ No ____

Factors affecting you or your child's symptoms:

When are your symptoms worse?

_____ Spring ____ Summer ____ Fall ____ Winter

CHECK OFF ALL THAT APPLY:

Family History	Allergies	Food Allergies	Hives or Swelling of Skin	Asthma	Immune Deficiency
Mother					
Father					
Brothers					
Sisters					

Social History:

Where do you work or go to school? _____

What is your work environment? _____

Do you live near pollutants or industry? Yes ____ No ____

URTICARIA/HIVES

Skip this section if this does not pertain to you.

- How long have you had hives? _____
- Is this the first time you have ever had hives? Yes _____ No _____
 - If No indicate the last time you had hives: _____
- How often do you break out in hives? _____
- Do they ever go away? Yes _____ No _____
- Where do you break out in hives? Arms/Legs/Abdomen/Feet/Hands/Face/All over
- How long do the hives last? < 12 hours, < 24 hours, or several days?
- Do you know anything that triggers the hives? Yes _____ No _____
 - If yes indicate what triggers the hives: _____
- Do the hives itch? Yes _____ No _____
- Are the hives painful? Yes _____ No _____
- Do the hives leave bruises? Yes _____ No _____
- Have you had any associated swelling of lips, tongue, hands, feet, nausea, vomiting or stomach pain along with the hives? If yes circle all that apply.
- What medications have you tried for the hives and do they help?

Name of Medication

Helpful or Not Helpful

<u>Name of Medication</u>	<u>Helpful or Not Helpful</u>

- Have you ever gone to the emergency room for treatment? Yes _____ No _____
 - If yes how many times? _____
 - When was your last ER visit? _____
- Do you have any of these symptoms below? (check all that apply)
 - Cold intolerance
 - Constipation
 - Weight gain
 - Weight loss
 - Fatigue? If so how long? _____
 - Joint/Muscle pain
 - Hair loss
 - Mouth ulcers
- Is there a family history of Lupus/Rheumatoid Arthritis/Sjorgren's
- Has any recent lab work been done since you have begun with the hives?
Yes _____ No _____
If yes when and where were they done? _____